

Helping Kids with Hemiplegia

CIMT Camp (June 14-21, 2017)

Helping Kids with Hemiplegia - a Modified Constraint Movement Camp is a therapeutic day camp for children ages 4-10 years with hemiplegia. Modified Constraint Induced Movement Therapy is practiced throughout the camp in a play environment. Each child will work with a trained occupational or physical therapy student volunteer. Licensed occupational and physical therapists will be on site at all times.

Camp is limited to 35 campers. Campers must be between the ages of 4-10 years, ambulate independently without an assistive device, be diagnosed with hemiplegia and demonstrate an ability to open and close their fingers.

For more information on Constraint Induced Movement Therapy please see the following websites: <http://www.chasa.org/treatment/constraint-induced-movement-therapy/> <http://research.vtc.vt.edu/news/2013/jul/05/vtc-neurorehabilitation-research/>

Important Deadlines, Dates and Information

Application Deadline – March 22, 2017 (by 5p.m. EST)

Applications and prescription for an OT Evaluation must be received by 5p.m. EST on March 22, 2017. Please submit your application via email, fax or mail.

Email: helpingkids.unc@gmail.com Fax: 984-974-9789

Mail: Holy Holland, OTR/L

North Carolina Children's Hospital

Occupational/Physical Therapy Department

CB7600

Chapel Hill, NC 27514

Camper Notification Emails – March 29, 2017

All families will receive notification of camp acceptance or wait-list status.

Camper Acceptance Deadline - April 5, 2017

Campers must confirm attendance by this date to hold their spot. Names on the wait-list will be used to fill available spots.

Pre-Camp Appointment – TBD

Once the camp roster has been finalized, we will schedule an office visit at UNC Hospital's Center for Rehabilitation Care prior to camp for casting and evaluation. This office visit will require a prescription from your child's physician for an Occupational Therapy Evaluation.

This visit will be billed as an Occupational Therapy evaluation. Our office is located at 1807 North Fordham Blvd., Chapel Hill, NC.

Camp Dates - June 14-21 2017 (Campers/Families MUST commit to attending all camp days) Camp hours are from 9:00-3:00 daily.

Camper Selection

Children must be between ages of 4-10 years, ambulate without an assistive device, be diagnosed with hemiplegia and demonstrate the ability to open and close their fingers.

Helping Kids Camp receives a large number of applications each year that often exceed the 35 spaces available for campers. We do our best to accommodate all applicants. If this is not possible, NC Residents will receive first preference in the application process. Then, if all other criteria are equal, we will give preference to children with fewer Helping Kids Camp experiences. Please know our selection team carefully considers each child while also creating well balanced and age appropriate camp groups to ensure a positive experience for all campers. If your child is not accepted, they will be placed on the waitlist.

Parents, please consider whether CIMT is right for your child. These are fun yet, long and strenuous days for our campers. Not all children tolerate constraint therapy. If you have questions about your child, please contact us.

What is the Cost?

Helping Kids with Hemiplegia CIMT Camp is **free of charge** because of generous private donations, fund-raising events, grants, volunteer therapists and families like you. A \$100 tax-deductible donation from all camp families is recommended to help sustain our programming.

Parent Volunteers

The success of our camp relies on our fabulous parent volunteers! One parent per child is required to volunteer for a minimum of 6 hours during camp. You will receive a Volunteer Sign-Up link before the beginning of camp.

Parent Activities

This year we are continuing the tradition of helping families get connected. There are coffee socials after drop-off to meet other parents and the **Parent Speaker Series**. A schedule of events will be sent out prior to camp.

Check us out on Facebook at Helping Kids with Hemiplegia, a modified constraint movement camp. This is your fastest link to camp information and a great place to ask other families about "what to expect" during camp.

Donations

Make checks payable to: NC Children's Promise. In the memo section write "Hemiplegia Camp" camp fund 99187.

To make an online donation, go to <http://ncchildrenspromise.org>. Click on Make a Gift Online, click on search funds and type in hemiplegia, then click on search. When Helping Kids with Hemiplegia Camp Fund(349612) pops up, click on Donate, click on Give then enter your donation amount and Add to Cart. Follow Directions for payment.

Thank you for your support!

Holly Holland, OTL/R NC Children's Hospital Rehabilitation Services

www.uncchildrens.org/uncmc/unc-childrens/care-treatment/therapy/hemiplegia-camp/

